

Guiders – Keep this form and submit as part of the [Safe Guide Retention Package](#).

Activities are organized according to Girl Guides of Canada’s Safe Guide. Safe Guide sets procedures for activity management including supervision, training, equipment, and health matters. A copy of Safe Guide is available from www.GirlGuides.ca.

If your daughter/ward has any disabilities that may require accommodation, disclosing and discussing them with us will help us accommodate her.

Parents/Guardians – please retain this sheet for your information!

WHAT - Activity Information	
Activity/event/camp: <i>Taekwondo Open House (Intro)</i>	Today’s date: 4/10/2024
Unit(s): 9 th Vancouver Pathfinders	
Responsible Guider: Amanda Mitchell	Cost (including GST/HST): Free
<p>Activity description: (Guiders – give a description of the overall activity, event, or camp. Try to “paint a picture” of what it will be like for the girls.) Intro to taekwondo session at Vector Training Centre, a local martial arts studio. No prior experience is required. We will be going through basic movements that involve jumping, kicking and striking. After we will get bubble tea at Coco Fresh Tea and Juice (3275 Kingsway)</p> <p>Map (studio): https://goo.gl/maps/qtjQW2nTAmGtU5Kx6 Map (bubble tea): https://goo.gl/maps/TosCuxXhcMxpdKPa5</p> <p>Please submit the following to Amanda by Sat, April 20 at 5:00pm</p> <ul style="list-style-type: none"> - SG2 - SG5 - Facility waiver – complete it only but let Amanda know you’ve submitted it https://docs.google.com/forms/d/e/1FAIpQLSemL6aB6STmdPZI9bSavQyC6pvQEUJ9wbfm2Z-ehAv-XdYA/viewform - Bubble tea order using this form: https://docs.google.com/spreadsheets/d/16FWOOR_GVG3sPE9YAEkWq0iTXdfV8hRH1bO8WuKo4e0/edit?usp=sharing <p>Facility rules:</p> <ul style="list-style-type: none"> - Sign waiver prior to session (see link above) - Arrive to class on time - Food and drinks are not permitted in training areas - Chewing gum is not permitted during class - No jewellery or accessories are allowed during trainings - Dress in comfortable athletic wear (no zippers or sharp objects) - Ensure all fingernails and toenails are closely clipped and no open wounds are exposed - All shoes should be kept on the shoe rack - Treat all equipment and mats with respect - Treat the space and everyone with respect - No members are allowed in offices or private areas 	

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<p>Purpose of Activity: (Guiders – please provide a brief explanation of how the girls will benefit from participating in the activity.) Have fun, try a new activity, work on the My Physical Self section of the Guiding program.</p>			
WHEN			
Start date & time: 4/24/2024 at 6:25 (meet outside Vector (3121 Kingsway)		End date & time: 4/24/2024 at 8:15 at Coco Fresh Tea and Juice (3275 Kingsway)	
WHERE			
Location/facility name: <i>Vector Training Centre</i>		Contact number: 604-729-4143 (Amanda)	
Address: <u>3121 Kingsway</u>	<u>Vancouver</u>	<u>BC</u>	<u>V5R 5J9</u>
<small>Street Address</small>	<small>City/Town</small>	<small>Prov</small>	<small>Postal Code</small>
Brief description of facility/site: <i>Martial arts studio</i>			
For overnights, type of accommodation: <input type="checkbox"/> Meeting hall <input type="checkbox"/> Camp Building <input type="checkbox"/> Tent <input type="checkbox"/> Hotel <input type="checkbox"/> Hostel <input type="checkbox"/> Other (please list):			
WHO			
Number of children/youth expected: Up to 10			
Minimum supervision ratios will be: 2 : 10 Supervisors : Girls Mandatory minimum supervision ratios can be found in Safe Guide.			
Supervision will be provided as follows: (Guiders – please briefly explain how supervision will be managed.) <i>Guiders will be present at the event, with a minimum supervision ratio as indicated above. Instruction to be provided by facility staff.</i>			

HOW – Transportation Information
Parent/guardian will provide transportation to and from activity: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Arrangements for transportation: N/A
Departure time and location:
Return time and location:
<p>Drivers must ensure that owner of a vehicle has appropriate insurance. Because of the way vehicle insurance is organized in Canada, coverage is only available through the vehicle owner. The owner is responsible for maintaining their vehicle insurance and for any injury to anyone or physical damage to their vehicle, another vehicle, resulting from its use for a GGC sanctioned activity.</p>

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Specific activities will include: (Guiders – please list the different activities the girls will be doing)	Girls will require the following: (Guiders – please attach a kit list if more space is required)
<i>Intro to taekwondo class (basic movements involving jumping, kicking, and striking)</i>	Money: \$ 0
Bubble tea	Equipment: N/A
	Food: N/A
	Clothing: Comfortable athletic wear (no zippers or sharp objects)
	Other: Water bottle
	Kit list attached: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

A detailed itinerary is attached: Yes No

If you require more information, please contact:

Guider's name: Amanda Mitchell
Phone number: 604-729-4143
E-mail: iheartcities@gmail.com

Guider's name:
Phone number:
E-mail:

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