Activities are organized according to Girl Guides of Canada’s Safe Guide. Safe Guide sets procedures for activity management including supervision, training, equipment and health matters. A copy of Safe Guide is available from [www.GirlGuides.ca](http://www.girlguides.ca/).

**If your daughter/ward has any disabilities that may require accommodation, disclosing and discussing them with us will help us accommodate her.**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Activity Information** | | | | | | | | | |
| Activity/event/camp: Outdoor First Aid with Coast Wilderness Medical Training | | | | | | Today’s date: May 13, 2022 | | | |
| Responsible Guider: Karla Kloepper | | | | | | Cost (including GST/HST):$25 | | | |
| **(**See contact info below) | | | | | | | | | |
| **Activity description**: (Guiders – give a brief description of the overall activity, event or camp. Try to “paint a picture” of what it will be like for the girls.)  Ready to get geared up for outdoor adventures? We’re doing an awesome outdoor first aid course with Coast Wilderness Medical Training! This course, designed specially for Pathfinders, will cover Responding to an Emergency; CPR/AED for adults & children (with CPR C & AED certification); Choking; Hypothermia Wraps; Minor Wound Care; Splinting, all in an awesome outdoor setting! | | | | | | | | | |
| **Purpose of Activity**: (Guiders – please provide a brief explanation of how the girls will benefit from participating in the activity.)  First aid and wilderness skills training, and CPR C and AED certification | | | | | | | | | |
| Start date and time: 29/05/2022 at 10 am/pm  (dd/mm/yyyy) | | | | | End date and time: 20/05/2022 at 2:30 am/pm  (dd/mm/yyyy) | | | | |
| For overnights, type of accommodation:  Meeting hall  Camp Building  Tent  Hotel  Hostel  Other (please list): | | | | | | | | | |
| Location/facility name: Pacific Spirit Park | | | | | | | Contact number: Karla's Cell | | |
| Address: | Meet at Pacific Spirit Regional Park - Park Centre Parking Lot, 4915 W 16th Ave, Vancouver, BC V6R 3E9 |  | | Vancouver | | | |  |  |
|  | Street Address | City/Town | | | | Postal Code |
| Brief description of facility/site: This course will take place outdoors, in Pacific Spirit Park. We'll meet at the Metro Vancouver Parks parking lot on 16th Ave, and will walk into the trails together. There are pit toilets in the park. Come dressed for the weather, and don't forget water and hand sanitizer etc. | | | | | | | | | |
| Number of children/youth expected: 15 | | | Minimum supervision ratios will be: 1:15  Supervisors : child/youth | | | | | | |
| Supervision will be provided as follows: (Guiders – please briefly explain how supervision will be managed.)  Coast Wilderness Medical Training will facilitate the session. Other support and supervision will be provided by the 9th Guiders. | | | | | | | | | |
| Additional COVID-19 or other health precautions at this location:  We will follow current GGC protocols, which includes | | | | | | | | | |

|  |  |  |
| --- | --- | --- |
| Transportation Information (if applicable) | | |
| Arrangements for transportation: Drop off at the Metro Vancouver Park parking lot on 16th Ave - Pacific Spirit Regional Park - Park Centre Parking Lot, 4915 W 16th Ave, Vancouver, BC V6R 3E9 | | |
| Departure time and location: Drop off at 10:00 am | | |
| Return time and location: Pick up at 2:30 pm | | |
| Mode of transportation: Drop off and pick up from site | | |
| **Drivers must ensure that owner of a vehicle has appropriate insurance.** Because of the way vehicle insurance is organized in Canada, coverage is only available through the vehicle owner. The owner is responsible for maintaining their vehicle insurance and for any injury to anyone or physical damage to their vehicle, another vehicle, resulting from its use for a GGC sanctioned activity. | | |
| Specific activities will include:  (Guiders – please list the different activities the girls will be doing) | Girls will require the following:  (Guiders – please attach a kit list if more space is required) | |
| First Aid Skills (See Front Page) | Money: $none | |
|  | Equipment: see kit list | |
|  | Food: bagged lunch, water, snacks | |
|  | Clothing: see kit list | |
|  | Other: see kit list | |
|  | Kit list attached:  Yes  No | |

|  |  |
| --- | --- |
| A detailed itinerary is attached:  Yes  No | |
| If you require more information, please contact: | |
| **Guider’s name:** Karla Kloepper | **Guider’s name:** Christa Brown |
| **Phone number:** 604 720 7922 | **Phone number:** 604 715 7670 |
| **E-mail:** Karla.Kloepper@Gmail.Com | **E-mail:** christalouise17@gmail.com |

Parents/Guardians – please retain this sheet for your information!